

opinion that a modified course should be made compulsory for all those who hold positions of authority, such as Judges, Magistrates, School-teachers, etc.

1. She suggested that before a nurse could receive her certificate, it must be compulsory for her to receive at least six months' training in a recognised Mental Hospital.

2. The chief difficulty in her opinion was to fit a psychiatric course into the already over-crowded curriculum for General Nurses.

3. How these difficulties could be overcome they would hear from Miss Petersen, who would speak from practical experience.

Mrs. Neuman-Rahn read a very able paper. She pointed out how essential mental training is at any bedside, mental symptoms being apparent in *all sick cases* and that the demand for Nurses trained in Mental Hygiene becomes greater daily. Only medical men and nurses realise how closely mental disturbance is connected with physical illness, and therefore the necessity for having the very best training, which *must* include psychiatry. In this way the nurse is enabled to understand her patient more readily.

Miss Jacobs said it was understood that a more specialised training was required for Administrators and Teachers, but it is the greatest necessity that we should have specially trained nurses in our Mental Hospitals, as well as for the great number of patients treated outside Institutions. This has become a national duty. It has been proved that 60 per cent. of mental cases can be cured if treated from the earliest stage. The difficulty of the general trained nurse is that she is not trained to realise any deviation from the normal, and early symptoms are therefore not detected soon enough. The only place, she maintained, where a nurse can get this training is in a Mental Hospital.

Miss H. Bailey thought mental training should be brought into the three years' curriculum. Besides the theoretical part, it required much practical work and close connection with the patient. The most suitable time seemed to be in the third year when the nurse would be more competent to acquire a fuller understanding of her patient. In New York the Mental Hospitals throw open their doors to the student nurse. She spends her time at the Clinic or in the Wards, and in the afternoon she attends demonstrations and lectures when she can bring forward any question. Great enthusiasm and interest are shown in this specialisation. (At this point a Swiss member in the audience rose to say that Switzerland includes three months' mental training in the General Nursing curriculum.)

Miss Wesseling said in Holland the general trained nurse has to take eighteen months' mental training after she has finished her three years' general course. The "Green Cross" Public Health Course includes theoretical lectures in Mental Hygiene.

Miss Shih favoured a post-graduate course, as there are no specialised teachers available in China, so making it impossible to include the subject in the general curriculum. She told us that up to 1875 nothing was done for the mental defective, who proved troublesome and difficult everywhere. About this date a doctor started a Mental Hospital, where the nursing was entirely carried out by men. Up to date, only one Chinese nurse has received this special training. She felt the great necessity for it owing to the increasing number of mental patients.

Miss Petersen said in Denmark they found it impossible to bring a course of psychiatry, which would prove of any ultimate value, into the three years' general training. It therefore was made compulsory for every nurse to take a six months' post-graduate course in a Mental Hospital, without which no certificate is granted. Entering as a probationer, the nurse gets familiar with the various phases of mental illness and the great part occupational therapy

plays in its treatment. In Denmark, Mental Nurses were all drawn from the educated classes. Later, these nurses were much sought after, as most mental cases are nursed in their own homes.

Miss Cuthbert, Matron, Severalls Mental Hospital, Colchester, England, proposed the following resolution:—

"That we refer the question of the desirable curriculum in Mental Nursing—to consider, define, and present a report—to the Board of Directors."

This was seconded by Miss King, Matron, Cardiff City Hospital.

Mrs. Neuman-Rahn proposed that the following points be submitted to the Board of Directors:—

1. "Psychiatric Nursing to be included as a compulsory subject in the curriculum of every Training School in General Nursing.

2. "Post-graduate and revision courses in Mental Nursing and Hygiene to be arranged for Nurses.

3. "Courses on this subject for administrators and teachers to be arranged at Universities or elsewhere."

These resolutions were submitted and carried by a large majority on a showing of hands.

This brought the Round Table to a close.

THE GRAND COUNCIL OF THE I.C.N.

The Members of the Grand Council of the I.C.N. who assembled in Montreal were:—

PRESIDENT, Miss Nina D. Gage; FIRST VICE-PRESIDENT, Miss Clara D. Noyes; SECOND VICE-PRESIDENT, Miss Jean Gunn; TREASURER, Miss E. M. Musson; SECRETARY, Miss C. Reimann.

GREAT BRITAIN.—Miss Margaret Breay, Miss Rachel Cox-Davies, Miss Susan A. Villiers, Miss Ellen F. Brownsdon, Miss Macmanus.

UNITED STATES.—Miss S. Lillian Clayton, Miss Elizabeth Burgess, Mrs. A. L. Hansen, Miss Adda Eldridge, Miss Susan Francis.

GERMANY.—Schwester Brodzka.

CANADA.—Miss Mabel F. Hersey, Miss Jean E. Browne, Miss Mabel F. Gray, Miss Ruby Simpson, Miss Margaret Murdock.

FINLAND.—Miss Emma Aström, Mrs. Neuman-Rahn, Miss Venny Snellman, Miss Nordström, Miss Kihlman.

HOLLAND.—Miss W. G. Serton, Miss A. Terpstra, Miss S. A. Wesseling, Miss A. C. Bliet.

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NEW ZEALAND.—Miss Jessie Bicknell, Miss Cecelia McKenny, Miss Nance Patrick.

BELGIUM.—Mlle. J. Hellemans, Mlle. Cécile Mechelynck, Mlle. Bihet, Mlle. Piron, Mlle. Kaeckenbeeck.

CHINA.—Miss Lillian Wu, Miss Mary Shih, Miss Agnes Chan, Miss Ruth Ingram, Miss Hazel Taylor.

DENMARK.—Miss Cornelia Petersen, Miss Clara Feldhaus, Miss Petra Sørensen, Miss Kirsten Becker, Miss Ellen Broe.

NORWAY.—Sister Bergliot Larsson, Sister Andrea Arntzen, Sister Gunhild Guttormsen, Sister Maren Horn, Sister Harriet Platou.

SOUTH AFRICA.—Mrs. Bennie, Miss A. S. Gordon, Miss F. Horn, Miss A. M. Mitchell.

CUBA.—Senorita Martina Guevara, Senorita Hortensia Perez, Senora Rose Gomez.

FRANCE.—Mlle. Chaptal, Mlle. Marguerite Greiner, Mlle. de St. Quartier, Mlle. d'Haussonville, Mère Catherine d'Ornellas.

IRISH FREE STATE.—Miss Nellie Healy.

POLAND.—Miss Jadwiga Romanowska, Miss Natalie Luszezewska, Miss Schindler.

ASSOCIATE NATIONAL REPRESENTATIVE FOR JAPAN.—Miss Take Hagiwara.

ASSOCIATE NATIONAL REPRESENTATIVE FOR KOREA.—Miss Elisabeth J. Shepping.

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